

COMMITTEE AND SUB-COMMITTEE MEETING MINUTES

DISTRICT: Hooksett

TYPE OF MEETING: Wellness Subcommittee

DATE/TIME/LOCATION OF MEETING:

10/3/2023

7:10pm

Cawley Media Center

ATTENDEES:

Wayne Goertel, Amy Tremblay

SESSION START TIME: 7:10pm

BRIEF DESCRIPTION OF MEETING ACTIVITY AND ALL MOTIONS/SECONDS AND ANY ACTION TAKEN:

- Develop wellness programs at each school
- Potential running clubs, hiking clubs, intramural sports
- Promote family involvement with wellness activities
- Larger community events
- Focus on nutrition

TIME OF ADJOURNMENT: _____

NAME OF RECORDING SECRETARY: Amy Tremblay